SHOPPING LIST + MEAL PLAN GUIDE

WHAT YOU NEED TO USE UP:

- [x] Potatoes (Pierogi)
- [x] Tortilla Chips (Chili)
- [x] Carrots (Tacos)
- [x] Tofu (Tacos)
- [x] Red Cabbage (Tacos)
- [x] Broccoli (Tacos)
- [x] Bell Peppers (Tacos)
- [x] Tortilla Shells (Tacos)
- [x] Basil (Paninis)
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

MEALS YOU CAN MAKE:

Pierogi
Veggie Tacos/Burritos
Kale Salad
Paninis
Protein Balls
Sweet Potato Quinoa Chili

GROCERY LIST:

Luna bars
Oil
Nutritional Yeast
Oat Milk
Fruit
Avocados
Kale
~~Bread?~~
Sliced Beets
Onions
Garlic
Quinoa?
Black Beans
Kidney Beans
Diced Tomatoes
Sweet Potatoes
Veggie Broth
French Bread